



Hockey Development Program

8U \$545 sat 8A Sun 7:50a

The U8 program is for those looking to start organized hockey in the 8 and under, age group. They will participate in age appropriate practices that will emphasize the key fundamental aspects to the game of hockey.

12U \$545 sat 9A Sun 9a

The U12 program is for those looking to start organized hockey in the 12 and under, age group. Here they will develop skating skills and continue to learn the rules of icing, and off-sides. Skaters will continue to develop the basics of 5-on-5 team play. These skills will also be incorporated into both practices and games.

Session 1– 8/31 to 10/26

Session 2–11/9 to 1/11

Session 3-1/25 to 3/22

Session 4-TBD

Fall/Winter Sessions

-Sessions are 8 weeks long

-2 Ice Touches per week

-50 Minute Full ice practice

-1 Hour game